# St George's Central CE Primary School and Nursery

# Feedback from Upper Key Stage 2 children about PSHE (June 2022)

#### **General questions about PSHE**

Children from Upper Key Stage 2 have feedback on PSHE. Some of the questions asked may have been slightly re-worded so they were accessible to children of all ages

#### What is PSHE about?

- Personal, social, health education discussed about 'E' standing for economic.
- What to do in certain situations.
- What to do if you are in danger.

### Why is PSHE important?

- So we know what to do when we are in certain situations such as financial, emotional, social, environmental and physical problems.
- So we know what to do to help ourselves and other people.
- It will help us with interviews when we need a job in the future.

# Tell me about your favourite piece of work in PSHE and tell me why you enjoyed learning about this

- How can we avoid making people feel uncomfortable We looked at different scenarios with people and we had to think about how it would make us feel and our body language. Now I can understand how people are feeling if I do something wrong if they don't like it I will stop.
- A scenario about parents arguing lots parents fight and argue a lot so I now know how to handle this at home.
- Making a money advice poster I like making posters and I've learned how to save money and not always spend it.

#### Are there any areas in PSHE that you are still unsure about?

Children were unable to identify any areas they were unsure about.

### How do you know if you are doing well in PSHE?

- I am able to answer the questions that the teachers are asking.
- The teachers will tell me I am doing well.
- I feel confident about what I have learned in the lesson.

#### What happens if you are finding work difficult in PSHE?

Tell the teacher that I don't understand and they will come over and help.

# What do you need to do to improve your learning in PSHE?

Make more reflections about what this means for me going forward in everyday life.

# In March, you completed some work on first aid in PSHE, what can you tell me about it?

- It's what you would do if somebody gets hurt and how you would react and help them.
- There are different types of first aid you can do if the injury is worse.
- Less serious injuries— cleaning a cut and adding a plaster. You may need to put an ice pack on someone's head.
- If it is a serious injury you would call 999.
- In school you would ask a teacher to help.

# If you were to complete this work again, what would you do differently?

Practical lessons with a dummy learning how to do CPR and other first aid.

# Can you explain what some of this PSHE vocabulary means?

- CPR pressing on someone's chest and helping them to breath partially correct, we discussed this means Cardiopulmonary resuscitation.
- Influence encouraging somebody to do something correct.
- Marketing advertising correct.
- Manipulate making something smaller like when a company makes the price smaller incorrect.
- Illegal against the law to do something correct.
- Puberty growing up and our body is changing correct.

# Can you think where this learning link to things that you have learned before in PSHE with a different teacher?

- Last year we learned about learned about relationships and money.
- We learned about physical and mental health which links things that affect your mental health this year.

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# Feedback from Upper Key Stage 2 children about PSHE (June 2022) Subject specific questions about PSHE

Children from Upper Key Stage 2 have feedback on PSHE. Some of the questions asked may have been slightly re-worded so they were accessible to children of all ages

# What did you learn from the everything human rights workshop?

- Everyone should be treated the same because it's unfair to treat somebody by how they are, how they look or their religion.
- We learned about racism, it's unfair to treat somebody because of the way they look and their skin colour.
- No matter who you are or where you come from you are still just as good as everyone else. Everyone should be treated equally.

# How has this affected your actions in everyday life?

- I think about how it makes other people feel when people are racist so I know I should never do this to anyone.
- I won't treat anybody different because of their skin colour.
- If I didn't learn about racism I wouldn't have known what it is or that it is a bad thing. Now I would know when somebody is being racist.
- I would stick up for somebody who is being picked on with racist behaviour and comments by someone else.

#### What can you tell me about puberty?

- Our bodies physically change.
- Boys voices go lower.
- Boys create sperm.
- Girls get periods. If it happens in school you need to go to a teacher.
- You grow pubic hair in certain places.
- Our emotions change. We get mood swings because we get testosterone and oestrogen. That explains why I sometimes feel angry and frustrated.

#### Can you tell me what you would say on a call to the emergency services?

Somebody is having an asthma attack

- Call 999
- Somebody is having an asthma attack. I need an ambulance. I would tell them my address.
- \*Each child practised. We discussed the difficulties of doing this 'in the moment' of an emergency and having busy surroundings.
  \*Children appeared confident but when noise/distractions were introduced children were less confident.

#### Why should we not discriminate because of their sexual orientation and relationship with others?

- Everyone should be treated the same.
- Somebody might discriminate a couple because they are gay or they are different races.
- It doesn't matter on the gender of the couple, as long they feel comfortable.
- Bisexual means you like girls and boys.
- Transgender means if you were a boy and you wanted be a girl you could change your body.

# Why should we not share everything on social media?

- It could be personal to you. If you posted a picture in front of your house they will see your door number and know where you live. People might come to your house that you don't know.
- You should not take a picture in your school uniform because strangers will know what school you go to.
- You shouldn't post pictures of other people because it's their decision if they want it to be posted.
- It could be dangerous.

# How can you recognise unsafe or suspicious content online and what should you do about it?

- If somebody is asking you lots of questions e.g. name, age, school, where you live.
- If somebody that you don't know gives their address online.
- If somebody asks you to meet them somewhere.
- If I saw something I would screenshot it, block the person, tell a grown up or if it's really bad tell the police.

# Action to take as a result of Pupil Feedback on PSHE

- Include practical elements to first aid lessons to practice skills.
- Use role play to act out various scenarios to give experience to apply skills and knowledge e.g. emergency calls with background noise/distractions and challenging racist or discriminatory behaviour.
- Continuing to reinforce vocabulary.

### **Next Pupil Feedback review: Spring Term 2023**